



**Student Health and Wellness Center for Success
COMMUNITY RESOURCE LIST**

Health Services

Program	Service Provided	Contact Info
Montgomery Public Health Services: Health Promotion Program	Provides training, consultation, and program development assistance to community groups to help change attitudes and behaviors related to alcohol, tobacco & other drug use	100 Maryland Avenue Rockville, MD 20850 (240) 777-1710 hhsmail@montgomerycountymd.gov
YMCA of Upper Montgomery County	Provides an array of wellness programs that include group exercise classes & health related seminars	19236 Montgomery Village Avenue Montgomery Village, MD 20886 (301) 740-7599 bpulgar@ymcawashdc.org
Latino Health Insurance	Improve the quality of life for Latinos residing in Montgomery County by contributing to the development & implementation of health & wellness programs that support Latino families & communities	Lois Rolando Aguirre (240) 777-3384 luis.aguirre@montgomerycountymd.gov Viviana A. Ortiz (240) 777-1807 Viviana.ortiz@montgomerycountymd.gov
Affordable Healthcare Program	Enrolls uninsured families & individuals in comprehensive health coverage so they can receive vital healthcare	Bethel World Outreach South 8238 Georgia Avenue Silver Spring, MD 20910 Bethel World Outreach North 19236 Montgomery Village Avenue Gaithersburg, MD 20886

Montgomery Volunteer Dental Clinic	Provides dental care to Montgomery County residents	8210 Colonial Lane Silver Spring, MD 20910 (301) 384-9795
Eye Clinic at Shepherd's Table	Designed to serve those who are uninsured and desire vision testing, glaucoma screening, and prescription eye glasses	Shepherd's Table Resource Center 8210 Dixon Avenue Silver Spring, MD 20910
Victim Assistance & Sexual Assault Program (VASAP)	Support victims of sexual assault, victims of crime stress management group, and homicide/DWI survivors group	1301 Piccard Drive Rockville, MD 20850 (240) 777-1355
STD/HIV Testing Program	Provides free testing and treatment of STDs for Montgomery County residents; free, anonymous, confidential HIV testing is available to all includes pre and post-test counseling	1301 Piccard Drive Rockville, MD 20850 (240) 777-1760

Pregnancy & Prenatal Care

Program	Service Provided	Contact Info
Maternity Partnership Prenatal Care Program	Services for pregnant teens and women who are Montgomery County residents without health insurance	1301 Piccard Drive Rockville, MD 20850 (240) 777-0311
Maryland Children's Health Program (MCHP)	Provides full health benefits to pregnant women up to age 19	1301 Piccard Drive Rockville, MD 20850 (240) 777-0311
Child Center & Adult Services: Healthy Mothers, Healthy Babies	Provides education and care for pregnant and new mothers	162205 Frederick Avenue Gaithersburg, MD 20877
Montgomery Public Health Services: Pregnancy Testing	Offers pregnancy testing and counseling at Germantown & Silver Spring Centers	100 Maryland Avenue Rockville, MD 20850
Shady Grove Pregnancy Center	Specializes in helping anyone who may experience problems with an unintended or unwanted pregnancy	16220 South Frederick Avenue Gaithersburg, MD 20877 (301) 963-6223

Housing Assistance

Program	Service Provided	Contact Info
Montgomery County Coalition for the Homeless	Dedicated to preventing and ending homelessness	600-B East Gude Drive Rockville, MD 20850 (301) 217-0314
Montgomery County Crisis Center	Residents of Montgomery County who are single adults and in need of shelter	1301 Piccard Drive Rockville, MD 20850 (240) 777-4000/24 hour number
Bethesda Cares	Day shelter for Montgomery County residents	7728 Woodmont Avenue Bethesda, MD (301) 907-9244
Community Vision	Day shelter for Montgomery County residents	8210 Colonial Lane Silver Spring, MD 20910 (301) 585-4471
Montgomery Avenue Women's Center	Day shelter for women who are Montgomery County residents	12250 Wilkins Avenue Rockville, MD 20852 (301) 984-0901
Department of Health & Human Services	Coordination of services to homeless individuals & families which includes outreach, emergency shelter, transitional and permanent housing	1301 Piccard Drive Rockville, MD 20805 8818 Georgia Avenue Silver Spring, MD 20910 200 Girard Street-Suite 203 Gaithersburg, MD 20877

Food Assistance

MC Campus Food Pantries	Location/Hours of Operation	Contact
Germantown Campus	High Tech (HT) 300 <i>9 a.m. – 5 p.m.</i>	Provost Office
Rockville Campus	Macklin Tower (MT) 212 <i>9 a.m. – 5 p.m.</i>	Provost Office
Takoma Park/Silver Spring	Commons 110 P4 202 <i>Evenings and Saturdays 9 a.m. – 5 p.m.</i>	Provost Office

Program	Service Provided	Contact Info
SHARE Food Network Program (Associated Catholic Charities & Knights of Malta)	For \$19.00 and 2 volunteer hours, participants can receive a food package valued at \$50	3222 Hubbard Road Landover, MD 20785 (301) 864-3115
MANNA Food	Provides limited 3-day food supply/once per month	Salvation Army Center 20021 Aircraft Drive Germantown, MD 20874 (301-) 424-1130 <i>Locations in Gaithersburg, Rockville & Silver Spring</i>
First Baptist Church of Silver Spring	Food issued to families of Montgomery County/twice per month	8915 Fenton Street Silver Spring, MD 20910 (301)585-5454
HELP Food Pantries	Three day food supply/once per month	(301) 294-4888 <i>*various locations throughout Montgomery County-Bethesda, Damascus, Germantown, Olney, and Rockville</i>
Montgomery College Student Health & Wellness Center	In partnership with the Capital Area Food Bank, offers a mobile market monthly on all three campuses. <i>See monthly dates attached.</i>	Carmen Poston Travis carmen.poston@montgomerycollege.edu (240) 567-5253 Benita Rashaw benita.rashaw@montgomerycolleg.edu (240) 567-4389

The Mobile Market provides fresh fruits, vegetables and other foods to MC students and the community **for free**.

FOOD DISTRIBUTION DATES for FY 17-18

Germantown	High Tech (HT) Building, 2 nd floor upper lobby	Sept. 13, Oct. 11, Nov. 15, Dec. 7, Feb. 7, March 7, April 4, May 2 10am-12pm
Rockville	Outside of North Garage (NG)	Sept. 7, Oct. 4, Nov. 14, Dec. 6, Jan. 24, Feb. 21, March 28, April 18, May 16 10am-12pm
Takoma Park/Silver Spring Center & North Pavilion	Outdoor space between the Student	Sept. 20, Oct. 18, Nov. 16, Dec. 13, Feb. 14, March 21, April 11, May 9 2-4pm

Food availability is based on a first-come, first-serve basis-Bring bags or carts to carry your food-No proof of eligibility required